

Mental Health First Aid Standard

London: 31st January – 1st February 2017
Birmingham: 14th – 15th February 2017
Sheffield: 7th – 8th March 2017

<p>Focus</p> <p>In any one year, approximately one in four British adults experience at least one diagnosable mental health problem. Mental ill health can affect every single one of us. It is estimated that productivity losses due to mental health and family problems cost the UK over £30 billion per year. This equates to over £1,000 per employee.</p> <p>This course is designed to provide participants with the tools and the confidence to recognise the signs that someone may be unwell. It will help participants to provide initial help to guide a person towards appropriate professional help.</p> <p>The course is split into four areas of learning which are:</p> <ul style="list-style-type: none"> · What is mental health? · Suicide · Anxiety and Depression · Psychosis 	<p>Learning Outcomes</p> <p>By the end of the two-day course participants will be able to:</p> <ul style="list-style-type: none"> • Spot the early signs of a mental health problem; • Feel confident helping someone experiencing mental ill health; • Provide help on a first aid basis; • Help prevent someone from hurting themselves or others; • Help stop a mental illness from escalating; • Help someone to recover faster; • Guide someone towards the right support; • Reduce the stigma of mental health. 		
<p>Target Group</p> <p>This course is designed for anyone who has an interest in mental health awareness or wishes to become a Mental Health First Aider.</p> <p>Trainer</p> <p>Each MHFA course is delivered by a quality assured trainer, who has attended the seven day instructor training programme accredited by the Royal Society for Public Health.</p>	<table border="1"> <tr> <td data-bbox="836 1270 1136 1879"> <p>Venues</p> <p>Family Action 24 Angel Gate City Road London, EC1V 2PT Tel: 0207 254 6251</p> <p>The Saffron Centre 256 Moseley Road Highgate Birmingham, B12 0BS T: 0121 446 3029</p> <p>Showroom Workstation 15 Paternoster Row Sheffield, S1 2BX Tel: 0114 221 0239</p> </td> <td data-bbox="1136 1270 1404 1879"> <p>Timings</p> <p>9.30am Registration 9.45am Start 4.30pm Finish</p> <p>Manual, workbook, refreshments & light lunch are provided</p> </td> </tr> </table>	<p>Venues</p> <p>Family Action 24 Angel Gate City Road London, EC1V 2PT Tel: 0207 254 6251</p> <p>The Saffron Centre 256 Moseley Road Highgate Birmingham, B12 0BS T: 0121 446 3029</p> <p>Showroom Workstation 15 Paternoster Row Sheffield, S1 2BX Tel: 0114 221 0239</p>	<p>Timings</p> <p>9.30am Registration 9.45am Start 4.30pm Finish</p> <p>Manual, workbook, refreshments & light lunch are provided</p>
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Registration Form: 2 Day Accredited Mental Health First Aid Standard	31st January & 1st February 2017 London	<input type="checkbox"/>	Please tick which location you wish to attend
	14th – 15th February 2017 Birmingham	<input type="checkbox"/>	
	7th – 8th March 2017 Sheffield	<input type="checkbox"/>	

Fee

£166.67 (+VAT £33.33) = **£200.00** [to include MHFA manual and workbook]

- Remittance enclosed – cheque (including VAT) payable to 'Family Action Enterprises Ltd.'
- Please invoice
- To pay by credit/debit card please follow this link to our Eventbrite page:-
<http://mhfastandard-london.eventbrite.com>

In the event of cancellation, a cancellation fee is chargeable, as detailed below.

- We will store your details and may want to contact you in the future with more information about our services and activities. Please tick here if you do **NOT** want us to do this. We will not pass your information on to a third party without your permission. Data Protection Act 1998.

Name:	Agency name & address:
Position/Role:	
Requirements (eg: dietary, disability access):	
Telephone:	Post code:
E-mail:	Billing e-mail (if different):
We will confirm your place and send joining instructions via e-mail, so please write clearly	Your purchase order number:

Substitutions and cancellations

Completion of this booking form is a binding agreement. Substitutions are welcome at any time. Family Action reserves the right to levy a fee in the event of your cancellation. More than 6 weeks prior to the event 25% of the fee; between 2 and 6 weeks 50%; less than 2 weeks 100%. In the event that you wish to transfer your booking to another workshop date, we reserve the right to levy a 25% administration fee, if you then cancel your place, the previous cancellation fee would also apply.

Please e-mail/post completed form (indicating your method of payment) to:-

Jodie Tomlinson
Family Action
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