

Electromagnetic Fields (and 2016 Regulations)

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Hugo is the Technical Director for Link Microtek safety products with over 30 years' experience in EMF safety spanning defence, telecommunication, broadcast and industrial applications. He is a chartered member of the Society for Radiological Protection and has written a number of articles and papers on EMF safety measurements, guidelines and standards.

Key Points of Interest

- People in close proximity to strong magnetic fields can experience vertigo and nausea.
 - Some people can literally see stars; some can hear Radar signals.
 - High frequency electromagnetic fields can heat you up.
- The talk explained how some of the effects occur and how this impacts on health & safety.

It also covered the requirements of the new Electromagnetic Fields Regulations and gave useful pointers in how to make sure you are protecting your workers, including any that are at particular risk, and hence be compliant with the new regulations.

[HSG 281](#) A guide to the Control of Electromagnetic Fields at Work Regulations 2016