



**Safety Groups UK**

PROMOTING SAFETY & HEALTH NATIONWIDE

# Health risks at work – Do you know yours?

“Become a  
Champion!”

Roger Bibbings, RoSPA  
Secretary, Safety Groups UK



Health Risks  
at Work

Do you  
know yours?



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# Background

## The H&S burden in Britain today

- **200 + notifiable fatalities (excluding 800 on the road)**
- **1.1 million injuries**
- **12,000 + health damage related deaths**
- **2.0 million cases of work related ill health**
- **26 million workdays lost – 85% health related**
- **Costing £30 billion or nearly 3 per cent GDP**



# Major occupational safety issues



- Falls from height
- Work related road accidents
- Slips trips and falls
- Workplace transport
- Machinery safety
- Fires and explosions
- Electricity
- and many, many more...



# Work-related health damage



- **MSDs**
- **Stress**
- **Skin disease**
- **Hearing loss**
- **VWF**
- **Occupational cancer**
- **Respiratory disease**
- **Reproductive hazards**
- **Shift work**
- **Zoonoses, etc etc**



## Who's on the case?..... The community

- **HSE and Local Authorities**
- **Safety Groups, RoSPA, BSC, IOSH, NEBOSH, IIRSM**
- **Major employers**
- **The NHS**
- **Insurers**
- **Trades Unions**
- **Employers' organisations**
- **Suppliers**
- **And many others.....**



# So where do Safety Groups fit in?

- **70 plus Groups in UK – National Coverage**  
Providing low cost, local, entry level advice and briefing
- **Partnership working with HSE, RoSPA, IOSH, BSC, IIRSM, NEBOSH etc**
- **Raising awareness/spreading good practice**
- **Facilitating events & cascading information to SME;s**
- **Providing a friendly informal point of contact for SME'S & others via the UK network of safety groups and the opportunity to attend local safety group meetings.**



# SGUK -National coverage

**70 +  
Safety  
Groups  
In the UK**



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## HR@W – What's it all about ?

- **Providing information and assistance in identifying the major causes of occupational ill health,**
- **Raising awareness of these risks and illnesses**
- **Providing practical solutions & signposting sources of support.**
- **Has the full support of the major health & safety professional bodies and other participating organisations.**
- **BOHS, IOSH, IIRSM, BSIF, ARCO, Deb, etc etc**



## HR@W - Rollout

- **Piloted in Scotland – 2010**
- **Launched NEC May 2012 for :-**
  - **England**
  - **Wales**
  - **Northern Ireland**



# Safety Groups UK -HR@W Coordination

- **Local Safety Groups providing support via a network of Champions**
- **Partners & Supporters cascading information throughout their organisations – via in-house Champions**
- **Suppliers using their customer base to distribute HR@W DVD's .- via in-house Champions**



## HR@W – How it works

- **A multi-language introductory DVD communicates information in a clear and jargon free manner which signposts the UK worker base – particularly SME’s towards further more detailed information via a user friendly web site.**
- **All of this information is available “Free of Charge” to encourage engagement with the initiative and raise awareness of these important occupational health issues**



## What risks are identified ?

- **Risks to your breathing**
- **Risks to your skin**
- **Risks to your muscles, bones and joints**
- **Risks to your hearing and touch**
- **Risks to your wellbeing**



## What next?

- **What should I know ?**
- **Am I at risk ?**
- **What should I do ?**
- **What should I avoid ?**
- **Where can I get help ?**



## HR@W resources

- **HR@W Toolkit**
- **20 minute more detailed video content**
- **RRC's – Rapid Reference Cards**
- **HSE etc guidance**





## IOSH

Partnership of the year 2010

## BSIF

Excellence in safety 2010

## CiB

Excellence award 2009

## World H&S

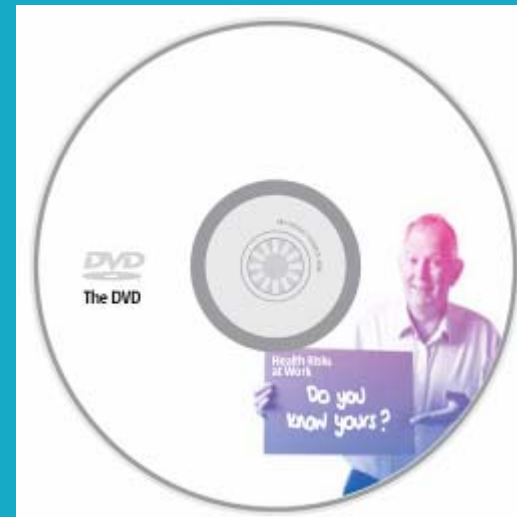
Film and MM award 2011

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**Health Risks  
at Work**

Languages:  
English • Polish • Chinese  
Urdu • Punjabi



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[www.healthyworkinglives.com](http://www.healthyworkinglives.com)



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[www.rospa.com](http://www.rospa.com)



[www.hse.gov.uk](http://www.hse.gov.uk)

[www.healthrisksatwork.com](http://www.healthrisksatwork.com)

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# www.healthrisksatwork.com



## Health Risks at Work

Do you know yours?

### Hazardous substances include:

- Chemical products used or produced at work (e.g. adhesives, cleaning agents)
- Substances generated by work (e.g. soldering or welding fume, wood dust)
- Natural substances (e.g. grain, flour and enzymes dusts)
- Biological agents (e.g. fungus, bacteria, virus)

### Hazardous substances can be present in your workplace as:

- Dust, powder or paste (e.g. wood, cement, metal, flour, grains, rubber, stone dust)
- Spray or mist (e.g. paint and epoxy sprays, acid mists)
- Fume (e.g. welding, hot rubber, soldering, galvanising fumes)
- Liquid (e.g. degreasing solvent, cleaning chemicals)
- Vapour (e.g. solvent vapour released from adhesives, paints, inks)
- Gas (e.g. chlorine, carbon monoxide)

### Employees can be exposed to hazardous substances by:

- Breathing in
- Skin contact
- Swallowing
- Eye contact

### Health effects of exposure to hazardous substances can include:

- Lung diseases (e.g. asthma, airways obstruction, bronchitis, lung cancers)
- Skin diseases (e.g. dermatitis, skin cancers, burns)
- Diseases of other organs (e.g. cancer in other parts of the body, nervous system diseases and disorders of reproductive organs)
- Damage to eyes



## Safety Groups UK

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**Healthy  
Working  
Lives**



Free National Adviceline



0800 019 2211

**0800 0 77 88 44**




Health for Work Adviceline



**Workboost Wales**

Free and impartial advice on workplace health from the Welsh Assembly Government in partnership with HSE

Call us:  0845 609 6006

HEALTH & SAFETY **WORKS NI**



ADVISING SMALL BUSINESSES

0300 020  
0030

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## Health Risks at Work Champions' challenge

- **Promote HR@W among the group;**
- **Do short presentations in different settings;**
- **Make presentations to SMEs in your membership;**
- **Promote HR@W among contractors;**
- **Promote through local media; and**
- **Link with champions in other groups.**



- 1) Volunteer
- 2) Stay in touch

- [www.safetygroupsuk.org.uk](http://www.safetygroupsuk.org.uk)
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